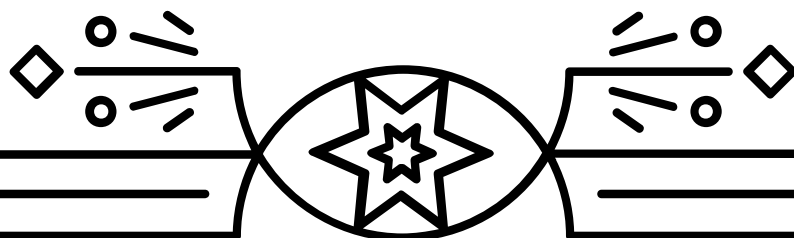


CAMP WRIGHTWOOD'S BREAKFAST OPTIONS

****All breakfast meals will have our yogurt bar and cereal bar with many choices of fresh fruit and 2% milk, soymilk and almond milk coffee/ tea & Orange juice & apple juice will be provided.

1. Pancakes with scrambled eggs with you choice of turkey or pork sausage, butter and warm syrup
2. French toast with scrambled eggs, your choice of pork or turkey sausage or bacon and fruit salad, butter and warm syrup
3. Biscuits and gravy served with scrambled eggs and seasoned crispy hash browns
4. Home made spinach quiche with your choice of bacon or turkey bacon (inside). Served with turkey or pork sausage & crispy hashbrowns
5. Breakfast burritos served with egg,cheese,salsa and your choice of pork or turkey sausage or bacon, and pinto or black beans served with flour tortillas
6. Scrambled eggs with seasonal hashbrowns and your choice of bacon, turkey sausage or pork sausage
7. Donuts or muffins served with hard boiled eggs, fruit salad.
8. Ham with scrambled eggs served with warm crispy hash browns
9. Scrambled tofu with red & green bell peppers & onions served with hash browns and toast with avocado.





CAMP WRIGHTWOOD'S LUNCH OPTIONS

***All lunch and dinners will have our salad bar out, we have up to 10 options, with many dressings to choose from. Fresh fruit will always be available in the dining hall, tea and coffee, fruit punch and lemonade will be made upon request. Water stations will be provided as well

1. Grilled cheese with ham or plain grilled cheese served with tomato soup homemade Mac and cheese.
2. Pulled pork or chicken sandwiches served with mixed greens, seasoned fries with a seasonal fruit salad. BBQ sauce will be served on the side
3. Philly cheese steak sandwiches served on a bun with tater tots or french fries. fresh fruit salad
4. Potato bar, baked potato with many options to put onto such as , butter sour cream chili, cheese, bacon, broccoli, chives.
5. Hamburgers with tater tots or French fry's, served with lettuce, cheese, pickle tomato, onion, sautéed garlic and mushroom.
7. Homemade chili or vegan chili with a baked potato and corn bread, cheese, sour cream & Scallions
8. Deli sliced sandwiches with turkey /Ham. lettuce, cheese, pickle, tomato, French fry's, cookies
9. Spinach ranch wraps, served with a spinach tortilla wrap with grilled or breaded chicken tenders with lettuce cheese, tomato purple cabbage topped off with our famous pesto ranch. Chips and fresh fruit salad
10. Chicken tenders with homemade mac and cheese and green beans. We will have many options for dipping.
11. Homemade Soup and salad and bread sticks with your choice...of
Broccoli cheddar soup - Tomato soup
Corn chowder - Clam chowder
Chicken and rice -Garden veggie soup
Chicken noodle - Beef stew
Italian wedding - Tortilla soup
Butternut squash / Carrot puree
*** We can cook any soup***
12. Grilled beef hot dogs with homemade mac & cheese with corn on the cob and grilled baked beans.





CAMP WRIGHTWOOD'S DINNER OPTIONS

***All lunch and dinners will have our salad bar out, we have up to 10 options, with many dressings to choose from. Fresh fruit will always be available in the dining hall, tea and coffee, fruit punch and lemonade will be made upon request. Water stations will be provided as well

1. Pasta bar! Plain penne noodle plain Meat balls with your choice of 3 different sauces, red sauce, pesto sauce and Alfredo sauce. warm garlic bread will be served.
2. Homade chicken enchiladas with you choice of green or red sauce. served with Spanish rice and re fried beans or pinto beans. and sweet corn cake
3. Tri tip with a baked potato and fresh green beans or broccoli, served with warm garlic bread + 5.00
4. Beef and broccoli with warm jasmine rice, and chow main . kimchi and edamame.+ \$4.00
5. Chicken teriyaki with vegetable fried rice with sauteed veggies and a egg roll.
6. Sweet and sour pork with warm jasmine rice and steamed seasonal veggies.
7. Roasted turkey with homemade mash potatoes and turkey gravy with green beans and sweet Hawaiian rolls, cranberry sauce.
8. Taco night! seasoned ground turkey served with hard shell and corn tortillas, lettuce, cheese, salsa, sour cream, cilantro, Spanish rice, re fried beans or pinto beans. Avocado will be available only upon request and will be charged more.
9. Street tacos, carne asada or pulled chicken. served with soft corn tortillas lettuce, cheese, salsa, sour cream, cilantro, Spanish rice, re fried beans or pinto beans. + \$3.00
10. Ravioli lasagna served with warm garlic bread and fresh Parmesan cheese
11. Potato bar, baked potato with many options to put onto such as , butter sour cream chili, cheese, bacon, broccoli, chives.
12. BBQ chicken OR Grilled bone in chicken with homemade mac and cheese with green beans. Dinner roll.





CAMP WRIGHTWOOD'S DESSERT OPTIONS

** We are a nut free facility, none of our food will contain peanuts***

1. Ice cream bar, 1-2 types of ice cream with all the fun fixings to put on top, sprinkles, chocolate chips, cherries, caramel syrup and chocolate and bannas
2. home made peach cobbler OR apple Pie with vanilla ice cream
3. Warm brownies
4. Homemade cup cakes
5. Churros
6. Italian shaved ice.
7. Ice cream sandwiches
8. Fruity Popsicles
9. Eclairs
10. S'Mores
11. Home made Pies Apple, cherries, pumpkin, blueberry, lemon
12. Cheese cake
13. Birthday cake
14. fruity smoothies